



## **MRIDUSMITA DAS**

SATTRIYA

Born on 6 February 1989 in Guwahati, Assam, Shrimati Mridusmita Das received her initial training in Sattriya dance under Bhuban Bora, and later she specialized in the art form under Ramakrishna Talukdar. She has also received training in Bharatanatyam under Indira P.P. Bora.

Shrimati Mridusmita Das has performed Sattriya dance widely in many prestigious dance festivals within the country and abroad including Nritya Parva and Nritya Pratibha organized by the Sangeet Natak Akademi, Brahan Natanjali Festival in Chidambaram, Thanjavur and Kumbhakonam, Assam Day at IITF, National Festival of Dance in Tripura, Barabati Nrityotsav in Orissa and Nritya Bharati Festival in Bengaluru. She has also travelled to U.K. for conducting lecture-demonstrations and performances of Sattriya dance. Shrimati Mridusmita has been featured in numerous documentaries and Assamese Satellite Channels.

Shrimati Mridusmita Das has received many awards and honours including the Young Talent Award for Sattriya from the Ministry of Culture, Government of India, presented through North East Zone Cultural Centre in 2010.

Shrimati Mridusmita Das is awarded the Ustad Bismillah Khan Yuva Puraskar of Sangeet Natak Akademi for 2013-2014 for her notable talent in the field of Sattriya dance.